

WORK EXPERIENCE

Try out new things, improve your CV, explore the workplace and enjoy the experience of getting a job done well



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Work experience involves spending time with a real employer, working alongside employees. It is a great way to experience the roles and responsibilities of real jobs.

Most people get some work experience before they start seeking work.

Crucial: All students should have work experience, this is usually during year 10 / 11



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Oxfordshire schools will help you arrange your work experience. They will help you find a one or two week placement, Here at Meadowbrook College you can also chose one day a week for four / six weeks.



Now it's over to you.. Start to think and research possible working environments that you would be interested in. This is good practice for when you apply for jobs in the near future.

Lots of different employers offer work placements to students. Sometimes the work experience is in a workplace, sometimes it is online, and sometimes it will be partly online with some time in the workplace. This is sometimes called blended work experience.

Work Experience

Doing work experience, volunteering, or an internship lets you get more experience for your **CV**.

You can gain work readiness skills such as:

- Working well with other people
- Responding well to advice or criticism
- Managing your time
- Reliability
- Confidence
- Writing, IT or technical skills
- Commitment and motivation.



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students wrote:

My name is Liam, I'm 15 years old and I have spent a fantastic week doing work experience for Oxfordshire County Council.

After receiving my placement from my school, I wrote a letter to the team confirming and thanking them for my placement. I received an e-mail within the next three days containing all the information about my placement, including what I would be doing. I was really excited as it was an opportunity to try and learn completely new things.

I was quite nervous before I started but upon meeting the team I was warmly welcomed. I was first given a quick tour of the building and was pleasantly surprised by it as you can't really see in from the outside so I didn't know what to expect. Before starting work, I had to complete some training courses which took about two hours in total. Although this sounds like a long time, the courses were quite interesting as they were full of information I didn't know before.

Throughout the week I learnt loads of new skills such as creating and editing posts for the website and how to use lots of programs that are used regularly in the office. I really enjoyed my time here! The working environment is also great. The desks are spacious and the chairs are really comfy! The office is also quite peaceful when compared to school which is really great.

There is a great sense of independence as you can make lots of decisions about your work and choose when you take your breaks. It's also great to open all the doors using the temporary pass you will be given at the start of each day.

I would recommend applying for work experience no matter what your interests are. It's great fun and is a fantastic opportunity to learn lots of new skills and perfect older ones. It feels completely different to school and is a great break from the school environment to try something new.

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Let us visit OXLEP Virtual tour

[Find Your Future | OXLEP Skills \(the360expo.com\)](#)

[Find Your Future | OxLEP \(oxfordshirelep.com\)](#)

Complete the form as you are visiting certain environments

[Make the most of FYF APPROVED \(oxfordshirelep.com\)](#)

<https://www.springpod.com/virtual-work-experience/search?status=Open>

Over to You now.

Research companies within your area, that you would like to contact with support for work experience.

Remember there are lots of trading estates in and around Oxford.

Just a few examples:

- Horspath trading estate - Cowley
- Milton park - Didcot
- Pen Mill trading estate - Oxford Rd
- Osney Mead trading estate - Botley